# Become a Friend Of Thatu

Please complete this form, ticking whichever boxes you like and return to the address below.

### MAKE A REGULAR GIFT

Name of bank	 	 	
Account name	 	 	
Sort Code	 Account Number	 	
Bank Address	 	 	

Bank Instructions: Please begin my Standing Order on \_\_\_\_/ \_\_\_ and pay

£ \_\_\_\_\_ on the \_\_\_\_\_ of every month to:

Thatu, NatWest Bank, 21 St Mary's Road, Market Harborough, Leics LE16 7DT Sort Code 53-81-46, Account No 87018985.

Signature \_\_\_\_\_

Date

### MAKE A ONE-OFF DONATION

Send a cheque or money order to Thatu

or make a payment via PayPal - see www.thatu.org

### OFFER YOUR SKILLS + CONTACTS

For example, you could run an event for Thatu, do a sponsored walk, tell us about potential funding sources, introduce us to others who can help – in the UK or South Africa.

giftaid it If you are a UK

tick the box below so that we

can claim back an extra 28p for every £1 you donate.

□ I am a UK tax payer and want Thatu to treat this and

Aid donations until further

notice.

any future contribution as Gift

tax payer, please

### YOUR CONTACT DETAILS

Name		
Address		
		Postcode
Email	Tel	
Norming homegrown development in South Africa Thatu is a UK Registered Charity, Number 1108655		Thatu The White House Upper Green Road, Shipbourne Kent TN11 9PG UK +44 (0)7910 332939 info@thatu.org www.thatu.org



## Nurring homegrown development in south Africa

Thatu was a young man who lived in rural South Africa. Paid work was scarce, but he supported his family through occasional gardening jobs. He died of AIDS – just four months earlier he had been fit enough for strenuous work. Thatu, a UK-based charity, has borrowed his name and is helping to fund food gardens with far-reaching benefits for southern African communities.



South African school children receiving a gift of watering cans for their eco garden

The 'rainbow nation' speech at Nelson's Mandela's inauguration reverberated across South Africa.

- "Why did you volunteer to work in a community food garden?"
- "Because of rainbow," replied a young South African.
- "What does rainbow mean?"
- "It means we can do things differently and we can do them for ourselves."

#### +44 (0)7910 332939

## What Thatu does

Thatu is a UK-based charity supporting self-help initiatives in poorly resourced communities in southern Africa.

- Thatu encourages and enables sustainable selfhelp projects
- our aim is to start with food and herb gardens but make a much wider community impact
- projects focus especially on the needs of women and children and support people with HIV / AIDS
- ► Thatu supports home-grown projects they start with local people and remain within their control.

# Thatu history

Thatu was set up in 2004 by a network of people inspired by communities striving to develop a better future for themselves in their new South Africa.

In 2005, Thatu achieved UK charity status and supported projects in Cape Town and Tshwane (Pretoria). Potential projects were discovered through close co-operation with other organisations working in South Africa.

In its first two years, Thatu supported five food gardens and its reputation for assisting self-help projects began to grow amongst people working with the most disadvantaged communities of South Africa.

## The benefits

Since the end of apartheid in South Africa, a new optimism has emerged amongst very poor communities. Self-help schemes have sprung up to tackle the legacy of poverty, poor health and a lack of education and job opportunities.

Poor nourishment makes people vulnerable to infections, shortens life expectancy, and impairs children's mental and physical development.

Growing organic vegetables, fruit and herbs in community or school gardens affects much more than nutrition – it improves environmental awareness, generates income, and increases self-esteem.



The Thatu Board at Lotus Gardens





Lotus Gardens School – before ... and after



# Two of Thatu's projects

"The sense of achievement and the pride and enthusiasm made my visit to Lotus Gardens unforgettable."

Visitor from the UK in March 2006

At Lotus Gardens Primary School in Tshwane, enthusiastic volunteers and teachers had already begun a small food garden.

With Thatu funding, the volunteers were able to receive training in organic permaculture from our partner Ukuvuna. This has resulted in dramatic increases in harvests and an extension of the garden.

This success attracted more volunteers and further teacher and pupil involvement. Thatu's support and guidance is making sustainability a realistic goal and may, through the sale of produce, create a small profit.

"To see vegetables growing in such a desolate agricultural landscape as the sand dunes of the Cape Flats is an inspiration and a tribute to the spirit of its residents." Visitor from the UK in 2006

On the Cape Flats, near Cape Town, Thatu has supported four schools in a carefully structured and demanding programme which is managed by a local partner (SEED) and links food gardens to the educational curriculum.

With Thatu's input, these school projects are developing flourishing food gardens in areas generally considered arid and inhospitable. Pupils and their families benefit from better nutrition from the produce of the gardens.

## Help them to help themselves!

 Thatu's six funding principles

 environmentally sensitive

 economically sustainable

 community-building

 locally managed

 accountable

 self-help



**Become a Friend of Thatu**